Compare the following:

1) Key of A
   - vi  ii  V  I  IV  vii°  III  vi
   - F#m7  Bm7  E7  A\(^\wedge7\)  D\(^\wedge7\)  G\(^\&7\)  C\#7  F#m7

2) Key of F\#m
   - I  iv  bVII  bIII  bVI  ii°  V  i
   - F#m7  Bm7  E7  A\(^\wedge7\)  D\(^\wedge7\)  G\(^\&7\)  C\#7  F#m7

What is different about these two progressions? Only the Roman numerals underneath, or in other words, only the way you choose to think of the chords in relation to each other. When you encounter a minor cycle of 4ths, you should ask yourself which of the two sets of Roman numerals would help you to understand and get the most out of it; often the relative major viewpoint is easier.

Another thought: all previous and forthcoming substitution principles will not be appropriate everywhere – you must experiment.

Another neglected point which may have already occurred to you – any 7th chord dealt with may be replaced with its related triad, like C\# for C\#7, G\(^\&7\) for G\(^\&7\), B for B7, etc.

Here are some common cycle patterns in the key of A

Practice them “straight” first, that is as indicated, then substitute extended chords (or triads).
Transpose to all major and minor keys (they are given in A and F\#m).
Know your names and numbers (Roman numerals) in all keys.
Use lots of different inversion on each one.
Remember, \(^\&7\) = m7 \&5; different people use one or the other. You will encounter both.

Plan on at least a month on this set of exercises.

1) Bm7  E7  A
2) B7  E7  A
3) Bm7\#5  E7  A
4) (A) F#m7  Bm7  E7  A
5) F#m7  B7  Bm7  E7  A
6) C#m7  F#m7  Bm7  E7  A
7) C#m7  F\#7  Bm7  E7  A
8) C#m7\#5  F\#7  Bm7\#5  E7  A
9) C\#7  F\#7  B7  E7  A
10) G#m7  C\#7  C#m7  F\#7  F#m7  B7  Bm7  E7  A
10) Em7  A\#7  Am7  D7  D\(^\wedge7\)  G\#7  G\(^\&7\)  C\#7  F#m
Summary:

In any chord progression, you may, if time and taste allow, “squeeze in” chords that create a “circle of 4ths” effect. The most common progressions of this nature are all variations of the ii-V-I or ii-V-i (in case you didn’t notice it, everything could be further reduced down to V-I(i) – that is, ii is the v of V, vi is the v of ii, and so on, thus the cycle of 5ths name as well as the cycle of 4ths).

All of this information on back-cycling and the cycle must be committed to memory as soon as possible, so plan on re-reading this stuff quite a few times, but as said before, learning songs that contain these types of patterns will speed things up (and give you something to show for your work).

Another way of thinking of ii-V progressions is to simply remember that on any dominant 7th type chord, you may count up a 5th and play a m7 type chord before the dominant 7th type. This m7 type usually takes some of the time value away from the dominant 7th type.

Example:

Given

\[
\begin{array}{cccc}
E & A \\
/ & / & / & / \\
/ & / & / & / \\
\end{array}
\]

you could play

\[
\begin{array}{cccc}
Bm7/11 & E7#9 & A^\natural 7 \\
/ & / & / & / \\
/ & / & / & / \\
\end{array}
\]

Actually, in the above patterns, number 10) in the key of A is this type of device being applied to number 9). So in a way, numbers 5), 7), 8) and 10) are chains of ii-V’s.
Cross-Cycle

Another common device in modern progressions is that of replacing chords with others whose roots are a b5th higher.

Example: given Bm7  E7  A, you could play: Bm9  B♭13  AΔ9 (B♭13 is a flat 5th higher than E).

Actually this device was only originally done with dominant 7th types. Observe:

1) The essence of the 7th chord is its 3rd and b7th; (notice that either the root or 5th may be left out when you are playing 3-note chords).
2) The essence of the 7th chords whose roots are a b5th apart is (coincidentally) the same.
3) Therefore in many cases, especially when a 7th type chord is functioning as a V7, you may replace one with the other as show above.

The application of this to some common progressions could be as follows:

Given: Bm7  E7  A  substitute possibility: Key of C: given Dm7  G7  C

Given: B7  E7  A  substitute:
The most common chords to be used on the b5th device (for dominant 7ths) are 7th’s, 9th’s, 7/6’s, 13th’s, 7b5, 7+, 9b5, 9+, #11, 13#11, 7b9, 7#9, + [augmented], 7#9b5.

Notice the relationship between altered dominant 7ths (those with #5, b5, b9, #9, #11) on any degree and extensions whose roots are a b5th higher. Examples:

Sometimes m7 and major types are involved in this b5th principle either as the chord that is being substituted for, or the chord that is doing the substituting.

Examples:
For Bm7   E7   A:

For F#m7   B7   Bm7   E7   A:

Notice that the Cm7 F7 is a ii-V type pattern being used for F#m7 B7, which is also a ii-V type pattern. This type of device can multiply the possibilities of cycle patterns (see next part).

[Ted’s note to himself for teaching this material:] Talk about uplifting effect of bIII7 for VI7
Compare the following:

1. Key of A → F\#m7 Bm7 E7 A7 D7 G\#7 C\#7 F\#m7
   - Ⅰ Ⅱ Ⅲ Ⅳ Ⅴ Ⅵ

2. Key of F\#m → F\#m7 Bm7
   - E7 A7 D7 G\#7 C\#7 F\#m7
   - Ⅰ Ⅱ Ⅲ Ⅳ Ⅴ Ⅵ

What is different about these two progressions? Only the roman numerals underneath, or in other words, only the way you choose to think of the chords in relation to each other. When you encounter a minor cycle of Ⅴ, you should ask yourself which of the two sets of roman numerals would help you understand or get the most out of if. Often, the A minor, B minor, and C minor are used.

Another thought - all previous and forthcoming substitution principles will not be appropriate everywhere - you must experiment with any 7th chord dealt with may have already occurred to you, like C\# for C\#7, G\#7 for G\#7, E7 for B7, etc.

Remember, E7 = m7 b5; different people use one or the other. You will calculate both.

Here are some common cycle patterns in the key of A → Practice them:

- Use lots of different inversions on each chord.
- Practice the cycle of 5ths on 60th cycle.
- Know your mode and minor keys, (they are given in A in your book).

Summary:

- In any chord progression, you may, if time and taste allow, squeeze in chords that create a circle of 5ths effect, the most
  common progressions of this nature are all variations of the Ⅱ-Ⅴ-I
  common progressions. In case you didn’t notice, everything could be
  further reduced down to I-I (that is, I is the V of I, and so on).

Plan on at least a month of this set of exercises.

Another way of thinking of Ⅱ-Ⅴ-I progressions is to simply remember that any dominant Ⅴ type chord you may count up a Ⅴth and play a Ⅰ.

Another way of thinking of Ⅱ-Ⅴ-I progressions is to simply remember that you could play Bm7 Ⅱ G7 Ⅴ A7. Actually, in the above patterns, since there is always a Ⅴ in the key of A is this type of device being applied to number Ⅱ. In a way, numbers Ⅰ, Ⅲ, Ⅴ, and Ⅰ are chains of Ⅱ-Ⅴ-I.
Another common device in modern progressions is that of replacing chords with others whose roots are a 65th higher.

Example: given Bm7, E7, A, you could play Bm7, Bb13, A7.
(6 is a flat 5th higher than E.) Actually this device was only originally done with dominant 7th types. Observe:

The essence of a 7th chord is its 3rd and 7th. Notice that either the root or 5th may be left out when you are playing 3 note chords. The essence of 7th chords whose roots are a 65th apart is coincidentally the same. Therefore in many cases, especially the same.

The application of this to some common progressions could be as follows:

given Bm7, E7, A → substitute possibility

or

The most common chords to be used on the 65th device (for dominant 7ths) are 7ths, 9ths, 11ths, 13ths, 7°5, 7°6, 9°7, 9°8, 11°9, 13°7, #7°5, #7°6.

Notice the relationship between altered dominants (those with #5, b5, b9, #9, 11) on any degree and extensions whose roots are a 65th higher. Examples:

Sometimes minor 7ths major types are involved in this 65th principle either as the chord that is being substituted for or as the chord that is doing the substituting.

Examples

For Bm7, E7, A:

Notice that the E7 - Bm7 - B7 - Bm7 - E7 A pattern is also a II, I type pattern. This type of device can multiply the possibilities of cycle patterns (see next page).