Sequences
Using Root Position, Close Position Triads
Do these on other string sets where possible; also do all in closed triads with good voice-leading

[Sequence follow-throughs are given in blue.]

Practice leaving out alternate phrases in a sequence:

Try starting on other degrees than I with this device.
This is the idea expressed above, that is, leaving out alternate phrases.
Sequences in minor keys tend to be in the Natural Minor (although the V can often be used from the Harmonic Minor) which has the same chords as its relative major. Practice sequences in minor, using the same chord as above, but naming the chords according to the minor scale instead. Example: F#m - Bm - E - A = vi - ii - V - I in A, but it is i - iv - VII - III in F#m.

Using Inversions:
Sequences in minor keys tend to be in the natural minor (although the V can often be used from the harmonic minor), which has the same chords as its relative major; practice sequences in minor, using the same chords as above, but naming the chords according to the minor scale instead, example:
Fm Bm E A = vii vi I in A or 1 in Fm

This is the idea expressed above, that is leaving out alternate phrases using inversions: