Mastering Inner String Dominant Chords

Practice the following away from the guitar mentally fill in the chord form and try each diagram.

Ab7  Ab13  C7  C9  F13  F7/6
Ab1/6  Ab9  D7  F9  F13  F7/6
Ab1/6  Ab9  D7  F9  F13  F7/6
Ab13  C13  C7/6  C9  F13  F7/6
C7  C13  C7/6  C9  F13  F7/6
HIGH

Anyone of the above 4 drills would be good to practice in both M. Keep if you want to be ready for virtually any new chord which may appear in a chord chart or lead sheet, in any of the above on the following long cycle of the 1st 5th 7th 9th 11th 13th: A# D G B C F B E A D G C F B E A D G B.

Avoid that a too difficult at first, begin with drills only two chords at a time as in line 2 above. Gradually take these through the cycle of the 4th and build up the mental concentration to be able to handle the 4th chord another. Speaking of hands, you do want to play all that too, but only after you've done it mentally. This is where the dr is you want lightning response from your hands.
Practice the following away from the guitar (mentally fill in the chord form and fret number for each diagram.)

Any one of the above four drills would be good to practice in lots of keys. If you wish to be ready for virtually any root tone which may appear in a chord chart or lead sheet, try any of the above in the following long cycle of 4ths:

A# D# G# C# F# B E A D G C F Bb Eb Ab Db and Gb.

If all this is too difficult at first, begin with drills of only two chords at a time, as in line 2 above. Gradually take these through the cycle of 4ths and build up the mental concentration to be able to handle the four chord drills. Speaking of handle, you do want to play all this too, but only after you’ve done it mentally. This is where it’s at if you want lightening response from your hands.